

Amgen is thrilled to bring back:

## SPEAK UP, SPEAK OUT: CYSTINOSIS AND ME 2024!

In partnership with Believe Limited and the Cystinosis Research Network, Amgen is excited to bring back the third annual, one-of-a-kind, spoken-word self-advocacy workshop for young people living with cystinosis, ages 13-22, taking place in Chicago, IL this June. The two-day workshop will focus on empowering cystinosis community members to use their own words to tell the world about their journey, showcase the therapeutic and healing elements of the creative arts, build community, and teach the importance of self-advocacy. It culminates in a final performance to the public.

**APPLY NOW!** The application window will be open until **May 3rd, 2024.** 

WHEN: Friday, June 21st - Sunday, June 23rd, 2024

**WHERE:** Chicago, IL \*Transportation to and from Chicago, lodging, and food for you and a chaperone will be provided.

WHO CAN APPLY: Any person in the US living with cystinosis **ages 13-22.** An interest in theater, performance, poetry, writing, the creative arts, advocacy, or connecting with like-minded individuals within the greater cystinosis community is recommended, but no experience is required. Spaces are limited. This community experience will feature:

- Written and spoken word technique education
- Theatrical and performance training
- Relaxation meditation & breathing exercises
- A final performance in front of friends and family
- And so much more!

Share YOUR story by speaking up and speaking out, and show the world the extraordinary person you are!

## HOW TO APPLY Visit CystinosisAndMe.com

## **QUESTIONS?** Reach out any time: ed@believeltd.com



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